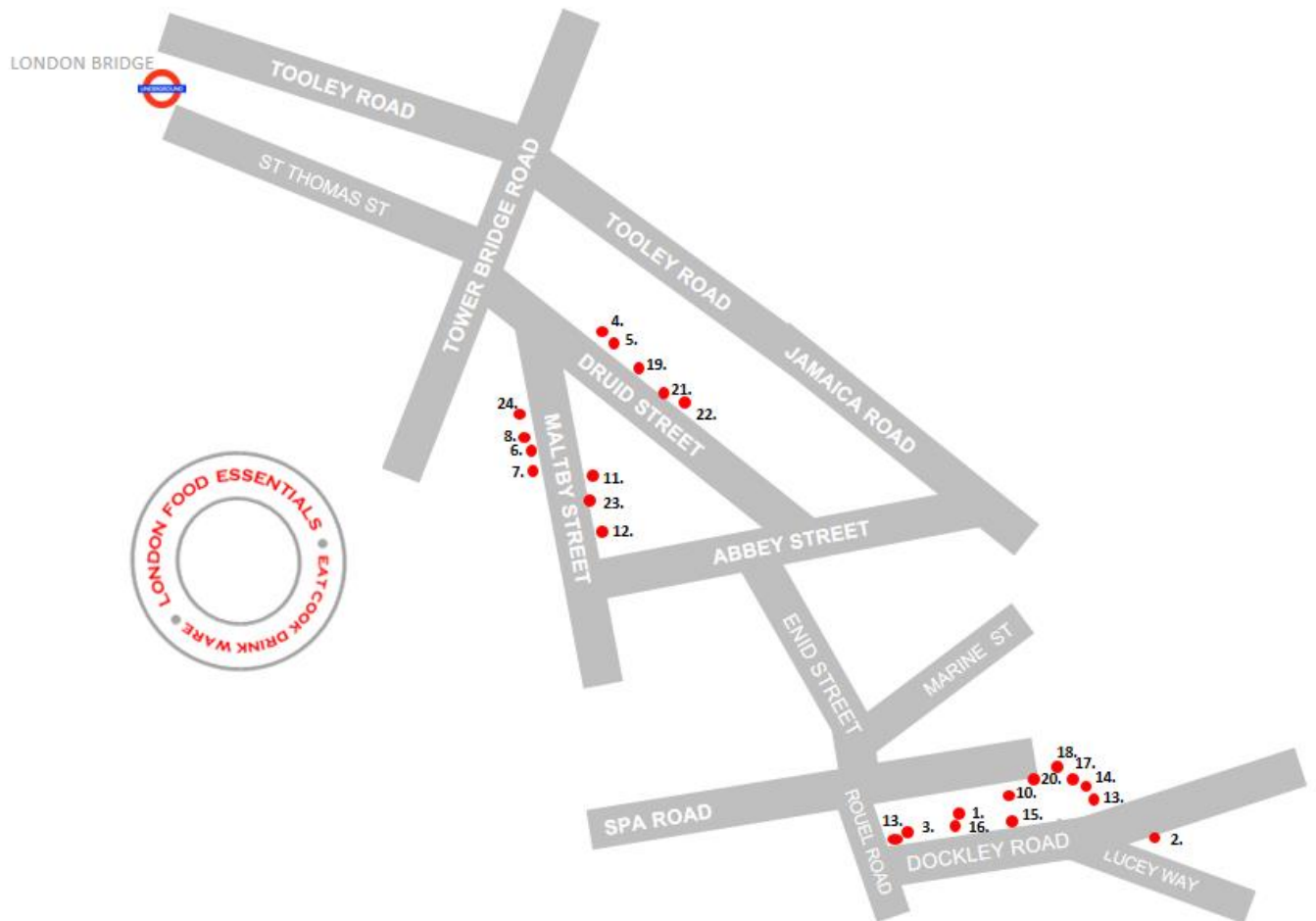


Maltby Street & Spa Terminus (SE16)



Maltby Street and its neighbour Spa Terminus are perhaps *the place* for food in London. Among the railway arches and housing estates of Bermondsey, you will find a burgeoning food culture of staunch producers committed to quality food with room for both established names and innovative newcomers.

Start your walk at London Bridge taking the Tooley Street exit, following the railway tracks, navigating some heavy construction and rebuild projects. At times, you will think that you are lost, you're not. You're headed to the heartland of Bermondsey, through side streets, tunnels and abandoned warehouses to get to your first destination – Druid Street, home to some of the most famous names of London's food scene. Arrive early to secure yourself a St John Bakery donut – people travel miles for these sugar-coated, lemon curb, apricot jam, and custard filled delights. Here among the crash repairs and furniture wholesalers, you'll also find Bea's of Bloomsbury serving an all-day American breakfast until it runs out and O'Shea's butcher delivering some impressive aged beef.

Avoid the temptation to over-indulge as there is more to be discovered as you continue to the end of Druid Street, down Abbey Road, past the storage buildings of Enid Street, through to Spa Street and then Dockley Street. (You will need a map.) Surprisingly, this light industry space is home to London Honey Company, La Grotta Ices, Little Bread Pedlar and Coleman Coffee Roasters, among others.

Grab a filter coffee from Coleman's and a parma rose from Pedlar and perch on the storage crates opposite to enjoy your crisp, folded pastry with ham. Next door to Pedlar is London Honey Company – simply look for the bee boxes stacked outside. You'll be sure to find something for your larder like London honey comb and while there sign-up for a course on urban bee-keeping. Further along is La Grotta – look for a small hole in the wall. With a changing menu that includes flavours such as bergamot sorbet and liquorice raspberry ripple; this is one place that you will want to stop. The biodynamic produce of Fern Verrow is simply inspiring as is the French, Italian and Spanish produce that you will find at Natoora, just around the corner. To find it simply look for the over-sized 1970s ice-cone belonging to The Ice Cream Union – another local favourite.

Whereas Spa Terminus is urban industrial, a collective of food wholesalers and providers; Maltby Street is more street party, a festival with bunting flags and pop-ups that line its railway arches. Some store holders have taken up permanent residence; others are more temporary. One weekend you might find a pop-up bar serving a very respectable prosecco (chilled in plastic buckets with ice) for elevenses. Another, you will find newcomers like Co&Co selling bespoke salted caramels and chocolates inside Lassco, the architectural salvagers whose stock fills most of the railway arches. Look out for Tom's Feast (@tomsfeast) and his scallop ceviche – the hand-dived scallops come from Lyme Bay Dorset and are served with lemon, coriander, and a bite of chilli. A Little French Tart is a little coquette with her raspberry tarts (@poppykitchen).

Always changing, improvised and innovative, this area of London never fails to deliver. (Only open on Saturday.)

Just remember the map above is not to scale – the street are accurate.

EAT

La Grotta Ices (1)

Unit 1 Dockley Road SE16 3SF

The Ice Cream Union (2)

Arch 1 Discovery Spa Road SE16 4RA
Tel 020 7237 9042

Little Bread Pedlar (3)

Unit 5 Dockley Road SE16 3SF
Tel 078888878995

St John Bakery (4)

72 Druid Street SE1 2HQ
Tel 020 7237 5999

Bea's Diner (5)

Arch 76, Druid Street
London SE1 2HQ

Toms Feast (6)

RopeWalk, Maltby Street SE1 3PA

Tozino (7)

RopeWalk, Maltby Street SE1 3PA

Market Gourmet (8)

Collector's Yard
RopeWalk, Maltby Street SE1 3PA

A little French tart (9)

RopeWalk, Maltby Street SE1 3PA

DRINK

The Kernel Brewery (10)

Arch 11 Dockley Road SE16 4EJ
Tel 02072314516

Jensen Gin (11)

RopeWalk, Maltby Street SE1 3PA
Tel: +44 (0)20 8838 9367

Little Bird (12)

RopeWalk, Maltby Street SE1 3PA

LARDER

Coleman Coffee Roasters (13)

Unit 5 Dockley Road SE16 3SF
Tel 07809 496695

England Preserves (18)

148 Spa Road SE16 4RP
Tel 020 7064 1761

Monmouth Coffee (14)

Arch 3 Spa North SE16 4EJ
Tel 020 7232 3010

Fern Verrow (15)

Unit 10 Dockley Road SE16 3SF

The London Honey Company (16)

Unit 6 Dockley Road SE16 3SF
Tel 020 7394 7072

Natoora (17)

Arch 8 Discovery SE16 4RA
Tel 0207 627 1600

O'Shea's Butchery (19)

120 Druid Street SE1 2HH
Tel 020 7064 1712

The Butchery (20)

Arch 13 Dockley Road SE16 3FJ

El Madero (21)

Arch 840 Druid Street SE1 2EH
Tel 020 7357 6991

Flavours of Spain (22)

Arch 104 Druid Street
Tel 01634 407458

Maltby & Greek (23)

RopeWalk, Maltby Street SE1 3PA
Tel 020 7426 1288

WARE**Lassco (24)**

41 Maltby Street SE1 3PA
Tel 020 7394 8061

Produced by London Food Essentials

June 2013

www.londonfoodessentials.com

